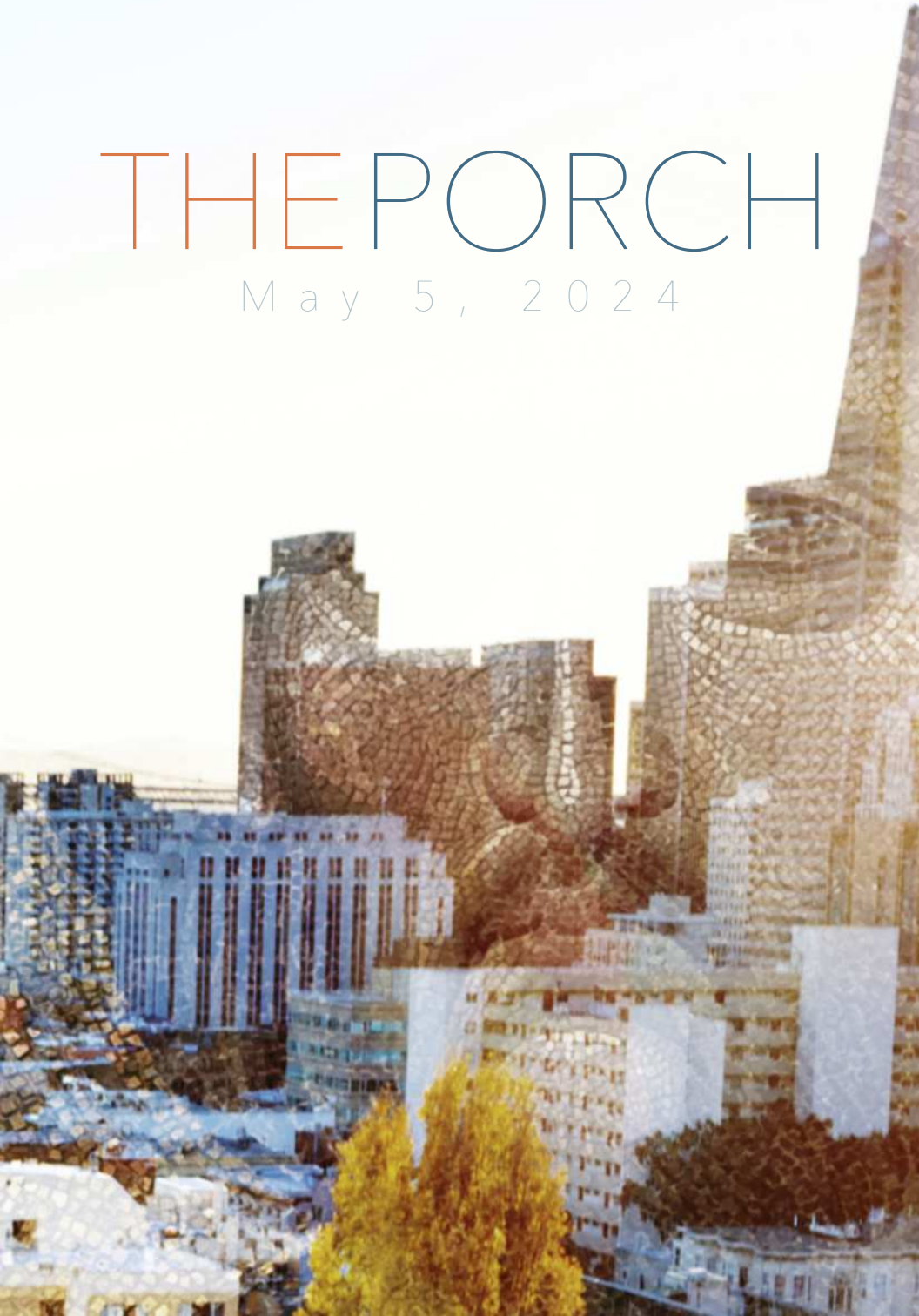


THE PORCH

May 5, 2024



About Our Liturgy

We are all creatures of habit. Habits and rhythms shape who we are. Our Sunday gatherings are designed to help us press the story of Jesus into our souls and change who we are by repeating that same story over and over again.

Every week we gather to remember and celebrate these same old gospel truths: that we are sinners but we have a great savior. That the death and resurrection of Jesus brought his kingdom here. That we have been adopted into the family of God. That he has called us to love each other and our city. That we were created for a perfect world, and that this world is not all there is.

So we invite you to participate with us as a group of imperfect people who tell the same story over and over again, the story of King Jesus.





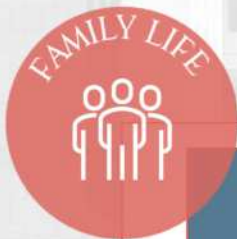
Call To Worship

Singing

* The American author David Foster Wallace wrote, "In the day-to-day trenches of adult life, there is actually no such thing as atheism. There is no such thing as not worshipping. Everybody worships. The only choice we get is what to worship." This is a powerful statement from a man who was not a follower of Jesus. He was 100% correct. We all have something at the center of our lives. Something that we believe will make us happy. Something that will fulfill us. Even those who follow Jesus often find that we are serving idols, something that ultimately won't fulfill us.

The gospel story tells us what will: Jesus Christ. Only he can fulfill us. Only he can redeem us. Only he can heal our deep spiritual wounds. Only he can give hope. Serving him as king is why we were created. This is why we open our gatherings with worship. Music touches our souls in a way that nothing else can. And so we use music as the people of God have done for thousands of years to remind ourselves that we serve an amazing King and that only he should be at the center of our lives.





new here?
let us know who you are
porchsf.com/sunday

VISITOR CONNECT

Name*

Email

Phone Number

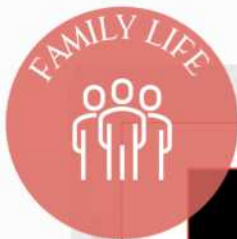
Message

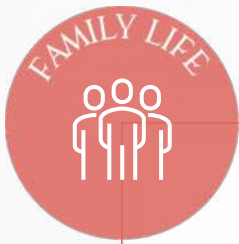


subscribe to the podcast
porchsf.com/sermons



* One of the beautiful facets of the gospel is how it brings all kinds of people together (Galatians 3:28). We are God's people. We are called to live our lives together and to love one another. In this part of our gathering, we celebrate this truth. We pray for each other. We chat while getting coffee and tea. We talk about what's going on in the life of the family.

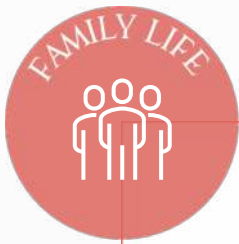




Missional Family Dinner Schedule

Wednesday Nights | 6:00-8:15 PM

- ② **May 8** | *No Wednesday Dinner*
- ③ **May 15** | Brackett Home | Chef Joseph
Homework: HTSTGB C3
- ④ **May 22** | Brackett Home | Chef Melissa
Homework: SD Reflection
- Ⓐ **May 29** | Downstairs SFEFC | BYOE Dinner
Homework: HTSTGB C4
- ① **June 5** | Brackett Home | Friends Night
- ② **June 12** | Brackett Home | Guest Chef
Homework: HTSTGB C4
- ③ **June 19** | Brackett Home | Chef Melissa
Homework: HTSTGB C5
- Ⓐ **June 26** | Downstairs SFEFC | BYOE Dinner
Homework: HTSTGB C6
- ① **July 3** | Brackett Home | Friends Night



Prayer

Monthly Schedule

- Week 1:** We read a prayer from church history.
- Week 2:** We take requests and pray for each other.
- Week 3:** Congregational Prayer.
- Week 4:** Praying the Psalms.
- Week 5:** We take requests and pray for each other.

Stretch

This quick time of greeting isn't a break in the worship, but rather, a continuation of our worship. Take five minutes to grab a cup of water and a snack and say hello to someone you haven't met yet.





New City Catechism

Question 18: Will God allow our disobedience and idolatry to go unpunished?

Answer: No, every sin is against the sovereignty, holiness, and goodness of God, and against his righteous law, and God is righteously angry with our sins and will punish them in his just judgment both in this life, and in the life to come.

Question 19: Is there any way to escape punishment and be brought back into God's favor?

Answer: Yes, to satisfy his justice, God himself, out of mere mercy, reconciles us to himself and delivers us from sin and from the punishment for sin, by a Redeemer.

Scripture Reading *John 15:9-12 (ESV)*

"As the Father has loved me, so have I loved you. Abide in my love. **If you keep my commandments, you will abide in my love**, just as I have kept my Father's commandments and abide in his love. These things I have spoken to you, **that my joy may be in you, and that your joy may be full**. This is my commandment, **that you love one another as I have loved you.**"

* 2 Timothy 3:16-17 says, "All Scripture is inspired by God and is profitable for teaching, for rebuking, for correcting, for training in righteousness, so that the man of God may be complete, equipped for every good work." God's word is precious. This time is less about the words of the preacher and more about the words of God. So here at The Porch we usually go through an entire book of the Bible verse by verse. We want to soak up the truth. We want to see Jesus on every page. We want to know the gospel better than we did yesterday. When that happens, we will be more loving, more humble, more hopeful, more joyful, and more blown away by what we learn about our King.



Let's All Be Monks Week 4: Liturgies of Hurry

The Diagnosis

Corrie ten Boom, "If the devil can't make you sin, he'll make you busy."

Laws of Unmanaged Time (Gordon MacDonald)

Law #1: Unmanaged time flows toward my weaknesses

Law #2: Unmanaged time comes under the influence of dominant people in my world

Law #3: Unmanaged time surrenders to the demands of all emergencies

Law #4: Unmanaged time gets invested in things that gain public acclamation

Hurry Sickness

John Mark Comer, "And it's not just spiritual writers from a century ago who are claiming our life speed is out of control and dangerous. More and more experts are weighing in. Psychologists and mental health professionals are now talking about an epidemic of the modern world: 'hurry sickness.' As in, they label it a disease.

Here's one definition: A behavior pattern characterized by continual rushing and anxiousness. Here's another: A malaise in which a person feels chronically short of time, and so tends to perform every task faster and to get flustered when encountering any kind of delay.

Meyer Friedman—the cardiologist who rose to fame for theorizing that Type A people who are chronically angry and in a hurry are more prone to heart attacks—defined it thus: A continuous struggle and unremitting attempt to accomplish or achieve more and more things or participate in more and more events in less and less time. Friedman was the one who originally coined the phrase hurry sickness after noticing that most of his at-risk cardiovascular patients displayed a harrying 'sense of time urgency.' And—deep breath—he said that in the '50s."



Symptoms of Hurry Sickness (John Mark Comer)

- Irritability
- Hypersensitivity
- Restlessness
- Workaholism
- Emotional Numbness
- Out of Order Priorities
- Lack of Care for Your Body
- Escapist Behaviors
- Slippage of Spiritual Disciplines
- Isolation

Noise

1 John 3:23 And this is his commandment, that we believe in the name of his Son Jesus Christ and love one another, just as he has commanded us.

Mark 5:21–23 And when Jesus had crossed again in the boat to the other side, a great crowd gathered about him, and he was beside the sea. 22 Then came one of the rulers of the synagogue, Jairus by name, and seeing him, he fell at his feet 23 and implored him earnestly, saying, “My little daughter is at the point of death. Come and lay your hands on her, so that she may be made well and live.”



The Solution

John Mark Comer, "Here's my point: the solution to an overbusy life is not more time. It's to slow down and simplify our lives around what really matters."

Step 1 – Think About Your Limitations

- Your Body
- Your Mind
- Your Gifting
- Your Personality and Emotional Wiring
- Your Family of Origin
- Your Socioeconomic Origins
- Your Career in Education
- Your Season of Life And Responsibility
- Your Lifespan
- God's Call on Your Life

Step 2 – Adopt Habits of Jesus



Porch SF Rule of Life

Daily Liturgies

- #1 Scripture
Before phone
15 or more total minutes per day of intake
- #2 Prayer with Posture
Morning
Lunch
4:00PM for our church
Evening
- #3 One Hour with Phone Off
- #4 Listen to a Worship Song Undistracted

Weekly Liturgies

- #1 One Hour of Conversation with a Friend
- #2 Sabbath and Church Liturgy
- #3 PABST Intentionality
- #4 Meal with Others

Monthly Liturgies

- #1 Fast from Something for 24 Hours
- #2 PABST Accountability
Check in with Someone from Church
- #3 Tithing/Giving

Yearly Liturgies

- #1 Rule of Life Evaluation
- #2 Buy Someone a Generous Gift





Singing

* In the sermon we listened to the gospel preached. Here, we respond with worship. We sing the praises of the God who has saved us and given us hope.



Confession Assurance of Pardon Communion Singing

*The gospel is not the story of what we do to earn God's love. The gospel is the story of what God has done to bring us back to life. The problem is that we are forgetful and we all constantly slip into moralism where we think that we need to live a certain way to earn God's love. This is the time in our gathering where we intentionally confess our sin and take communion to remind us of the grace of God. We remember that we are not redeemed by doing anything. We are redeemed by the death of Jesus in our place.



Benediction Col 3:15-17

¹⁵ And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful. ¹⁶ Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. ¹⁷ And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

*We are not just followers of King Jesus for a few hours on Sunday morning. We are ambassadors of his kingdom everywhere we go. With our families. At work. With our friends and neighbors. So every week, we finish our gatherings by remembering that we represent him everywhere we go and that we are called to radically love people so that they see him in our lives.



THE PORCH
FOLLOWERS OF JESUS

PORCHSF.COM/WELCOME